



ASSOCIATED BUILDERS AND CONTRACTORS, INC. KANSAS CITY AREA TRAINING SCHEDULE 2010

10 HOUR OSHA SAFETY COURSE (certificate course)

10 total hours of course work

\$75 PER PERSON (MEMBER) - \$125 PER PERSON (NON-MEMBER)

This course provides the student with an overview of the safety applications on a construction site and increases awareness and understanding of governmental regulations and applications to the trade practices. All certificates received are issued directly from the OSHA Training Institute Outreach Program and meet every application to the OSHA requirements currently in place. Contact us for an outline to review.

JANUARY	11-12	MON-TUE	7 AM-12:30 PM
JANUARY	11-12	MON-TUE	4 PM-9:30 PM
FEBRUARY	7-8	MON-TUE	7 AM-12:30 PM
MARCH	1-5	MON-FRI	6 AM – 8 AM
MARCH	8-9	MON-TUE	7 AM-12:30 PM
MARCH	8-9	MON-TUE	4 PM-9:30 PM
APRIL	12-13	MON-TUE	7 AM-12:30 PM
MAY	10-11	MON-TUE	7 AM-12:30 PM
MAY	10-11	MON-TUE	4 PM-9:30 PM
JUNE	9-10	WED-THU	4 PM-9:30 PM
JULY	12-13	MON-TUE	9 AM-3 PM
AUGUST	9-10	WED-THU	4 PM-9:30 PM
SEPTEMBER	13-17	MON-FRI	6 AM – 8 AM
SEPTMEBER	13-14	MON-TUE	4 PM-9:30 PM
OCTOBER	11-12	MON-TUE	7 AM-12:30 PM
OCTOBER	18-19	MON-TUE	4 PM-9:30 PM
NOVEMBER	8-9	MON-TUE	7 AM-12:30 PM
DECEMBER	6-7	MON-TUE	7 AM-12:30 PM

FALL PROTECTION COMPETENT COURSE (certificate course)

4 hour course work

\$60 PER PERSON (MEMBER) - \$120 PER PERSON (NON-MEMBER)

Fall protection applications are reviewed and interpreted to maintain compliance and a safe working environment on the jobsite. This course is a foundation to the selection and designation of a competent person in this application. Contact us for an outline to review.

FEBRUARY	9	TUE	1 PM – 5 PM
APRIL	12	MON	1 PM – 5 PM
JUNE	7	MON	1 PM – 5 PM
SEPTEMBER	15	WED	1 PM – 5 PM
NOVEMBER	8	MON	1 PM – 5 PM



ASSOCIATED BUILDERS AND CONTRACTORS, INC. KANSAS CITY AREA TRAINING SCHEDULE 2010

30 HOUR OSHA SAFETY COURSE (certificate course)

30 total hours of course work

\$225 PER PERSON (MEMBER) - \$375 PER PERSON (NON-MEMBER)

This course provides the student with a detailed perspective of the expectations of OSHA regulations and applications within the construction industry. The review and guidance, in research and access to information pertaining to practices as they relate to regulatory compliance, are reviewed and interpreted. All certificates received are issued directly from the OSHA Training Institute Outreach Program and meet every application to the OSHA requirements currently in place. Contact us for an outline to review.

JANUARY	15	FRI	7 AM – 12:30 PM Phase 3 of 6
JANUARY	22	FRI	7 AM – 12:30 PM Phase 4 of 6
FEBRUARY	12	FRI	7 AM – 12:30 PM Phase 5 of 6
FEBRUARY	19	FRI	7 AM – 12:30 PM Phase 6 of 6
MARCH	12	FRI	7 AM – 12:30 PM Phase 1 of 6
MARCH	19	FRI	7 AM – 12:30 PM Phase 2 of 6
APRIL	16	FRI	7 AM – 12:30 PM Phase 3 of 6
APRIL	23	FRI	7 AM – 12:30 PM Phase 4 of 6
MAY	14	FRI	7 AM – 12:30 PM Phase 5 of 6
MAY	21	FRI	7 AM – 12:30 PM Phase 6 of 6
JUNE	7-11	MON-FRI	6 AM – 8 AM Phase 1 of 3
JULY	12-13	MON-FRI	6 AM – 8 AM Phase 2 of 3
AUGUST	9-10	MON-FRI	6 AM – 8 AM Phase 1 of 3
OCTOBER	15	FRI	7 AM – 12:30 PM Phase 1 of 6
OCTOBER	22	FRI	7 AM – 12:30 PM Phase 2 of 6
NOVEMBER	5	FRI	7 AM – 12:30 PM Phase 3 of 6
NOVEMBER	12	FRI	7 AM – 12:30 PM Phase 4 of 6
DECEMBER	3	FRI	7 AM – 12:30 PM Phase 5 of 6
DECEMBER	10	FRI	7 AM – 12:30 PM Phase 6 of 6

EXCAVATION COMPETENT PERSON COURSE (certificate course)

4 hour course work

\$60 PER PERSON (MEMBER) - \$120 PER PERSON (NON-MEMBER)

Excavation applications are reviewed and interpreted to maintain compliance and a safe working environment on the jobsite. This course is a foundation to the selection and designation of a competent person in this application. Contact us for an outline to review.

FEBRUARY	11	THU	7 AM – 11 AM
APRIL	13	TUE	1 PM – 5 PM
JUNE	8	TUE	1 PM – 5 PM
OCTOBER	12	TUE	1 PM – 5 PM



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CONFINED SPACE COMPETENT PERSON COURSE (certificate course)

4 hour course work

\$60 PER PERSON (MEMBER) - \$120 PER PERSON (NON-MEMBER)

Confined Space applications are reviewed and interpreted to maintain compliance and a safe working environment on the jobsite. This course is a foundation to the selection and designation of a competent person in this application. Contact us for an outline to review.

MARCH	11	THU	1 PM – 5 PM
MAY	13	THU	8 AM – 12 PM
OCTOBER	11	MON	1 PM – 5 PM

SCAFFOLD COMPETENT PERSON COURSE (certificate course)

4 hour course work

\$60 PER PERSON (MEMBER) - \$120 PER PERSON (NON-MEMBER)

Scaffold applications are reviewed and interpreted to maintain compliance and a safe working environment on the jobsite. This course is a foundation to the selection and designation of a competent person in this application. Contact us for an outline to review.

MARCH	11	THU	8 AM – 12 PM
MAY	13	THU	1 PM – 5 PM
SEPTEMBER	16	THU	1 PM – 5 PM
NOVEMBER	9	TUE	1 PM – 5 PM

OSHA RECORDKEEPING COURSE

2 hour course work

\$30 PER PERSON (MEMBER) - \$60 PER PERSON (NON-MEMBER)

The annual requirement to post previous years activities in injury and illness exposures requires a constant and consistent monitoring process to ensure compliance with OSHA's regulations. This is a lost skill, if not regularly updated and can cost companies money if discovered out of compliance. OSHA has clearly stated that they will be focusing heavily on this administrative application over the next four years. Be prepared and send the responsible individual for training to stay current. Contact us for an outline to review.

JANUARY	14	THU	8 AM – 10 AM
JANUARY	15	FRI	2 PM – 4 PM
JANUARY	21	THU	8 AM – 10 AM
JANUARY	22	FRI	2 PM – 4 PM
NOVEMBER	10	WED	7 AM – 9 AM
NOVEMBER	10	WED	4 PM – 6 PM
DECEMBER	6	MON	2 PM – 4 PM
DECEMBER	10	WED	7 AM – 9 AM
DECEMBER	10	WED	4 PM – 6 PM



ASSOCIATED BUILDERS AND CONTRACTORS, INC. KANSAS CITY AREA TRAINING SCHEDULE 2010

DEFENSIVE DRIVING COURSE (certificate course)

2 HOUR COURSEWORK

\$30 PER PERSON (MEMBER) - \$60 PER PERSON (NON-MEMBER)

Learn or refresh the basics of safe driving practices and techniques. This program is approved through the National Safety Council and can be applied towards both the attendees and business auto policy. Check with your carrier to see if it will apply. Also a great way to ensure training of your fleet personnel is on record for future applications. Contact us for an outline to review.

JANUARY	12	TUE	1 PM – 3 PM
MAY	11	TUE	1 PM – 3 PM
AUGUST	10	TUE	1 PM – 3 PM
OCTOBER	19	TUE	1 PM – 3 PM

LEADERSHIP IN CONSTRUCTION COURSE

8 hour course work

\$120 PER PERSON (MEMBER) - \$240 PER PERSON (NON-MEMBER)

Every jobsite has a leader who is responsible for the daily activities in both personnel management and operational demands. Knowing the practices and applications to this position requires insight, experience and knowledge. By attending this course, current and new leaders on the jobsite will get an in depth view of the responsibilities, entrusted to the leader by the ownership, to perform the duties in an efficient and practical manner. Administrative demands to personnel direction are emphasized and brought to light to be used in and out of the field. Contact us for an outline to review.

FEBRUARY	10-11	WED-THU	2 PM – 5 PM
OCTOBER	18-21	MON-WED	6 AM – 8 AM

FORKLIFT OPERATORS CLASSROOM COURSE (certificate course)

2 HOUR COURSE WORK

\$30 PER PERSON (MEMBER) - \$60 PER PERSON (NON-MEMBER)

Attendees will acquire the needed training in safe practice and hazard awareness applications during forklift operations both in the warehouse and on the construction site. This is the classroom portion of the certification process. All practical training can be performed in house and by a competent person. This training is required every three (3) years to remain compliant with OSHA regulations. Contact us for an outline to review.

JANUARY	11	MON	1 PM – 3 PM
MAY	10	MON	1 PM – 3 PM
AUGUST	9	MON	1 PM – 3 PM
OCTOBER	18	MON	1 PM – 3 PM